



DROMANTINE  
CONFERENCE CENTRE

# SMA Dromantine Events Timetable 2022

## MARCH 2022

Sunday 6th March 9.30am – 5.30pm

### **LENTEN DAY of REFLECTION at Dromantine**

*Fr. Damian Bresnahan SMA*

This **Lenten Day** provides time and space to reflect and pray in the peaceful surroundings of Dromantine on Lenten themes. It is time aside to prepare our hearts and minds to celebrate Holy Week and Easter. There will be the opportunity to celebrate the Sacrament of Reconciliation. The Day will close with the Celebration of Eucharist.

**Cost: £35/€40 (including lunch)**

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Friday 11<sup>th</sup> (5pm) – Sunday 13<sup>th</sup> March (2pm)

### **‘THE WONDER OF CREATION: THE MIRACLE OF LIFE’**

*Sr. Nellie Mc Laughlin RSM*

Message of Hope and challenge in a Planetary Emergency. In contemplating the wonder of our Common Home and current threats to its integrity, we will explore an ecological vision in responding to the cry of the earth and cry of the poor at this time of unprecedented planetary crisis.

**Cost: £220/€260**



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## APRIL 2022

Saturday 9th April 9.30am – 4.30pm

### **Hello You: Finding the Joy, Purpose & Happiness You Deserve**

*Workshop with Fr. Hugh Lagan SMA*

This workshop will help participants discover the tools to gain deeper self-awareness, self-understanding and self-acceptance. We will explore fun and creative ways to get to know yourself and others better, build more fulfilling relationships and friendships, discover invigorating life choices, find joy in the everyday and face the inevitable challenges of life with confidence and optimism.

**Cost: £40/€45 (including lunch)**

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Wednesday 13<sup>th</sup> (5pm) – Sunday 17<sup>th</sup> April (9am)

### **Easter Triduum**

The SMA Community, Dromantine invites you to join in reflectively celebrating The Easter Triduum, beginning with Seder Meal. Cost includes accommodation and all meals.

**Cost: £340/ €400**

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Friday 29<sup>th</sup> April (4pm) - Friday 6<sup>th</sup> May (9am)

### **Directed Retreat / Non-Directed Retreat**

*Sr. Karen Small OCS, Fr. Frank Downes OP*

**Cost: £680/€800**



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**MAY 2022**

**Sunday 1<sup>st</sup> (4pm) - Friday 6<sup>th</sup> May (9am)**

**Preached Retreat - An Easter Journey**

*Fr. Niall Martin SPS*

**Prayer as Art and Art as Prayer.**

Using art and poetry we will take a look at the post Resurrection journeys that various disciples of Jesus made. Maybe we will identify our own journey in there also! Using Power Point presentations, we will look at the art of some artists (like Rembrandt and Sieger Koder).

**Cost: £460/€550**

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**Friday 13<sup>th</sup> (5pm) – Sunday 15<sup>th</sup> May (2pm)**

**WALKING RETREAT**

*Led by Fr. John Gallagher SMA and team*

A weekend of walking, praying and socializing, using different techniques of prayer, like Lectio Divina & Imaginative Contemplation while enjoying the out-doors in the beauty of Slieve Donard the highest mountain in the North of Ireland and the grounds of Dromantine with like-minded out-door people.

**Cost: £190/€225**

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## MAY 2022 (continued)

Friday 20<sup>th</sup> (5pm) – Sunday 22<sup>nd</sup> May (2pm)

### No Visible Scar: Comfort for Those Bereaved During The Pandemic

*Workshop By Fr Hugh Lagan SMA*

Losing a loved one can be a lonely, isolating and disorienting experience. These feelings of loss have been felt even more keenly in the time of a global pandemic. This workshop provides a gentle, safe and comforting space to help those bereaved during the pandemic restrictions to better understand their feelings, sensitively unpack the extra layers of grief their loss has brought and learn to embrace life again.

**Cost: £220/€260**





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## JUNE 2022

Thursday 2<sup>nd</sup> (4pm) - Thursday 9<sup>th</sup> June (9am)

### **Directed Retreat /Non-Directed Retreat**

*Fr John Gallagher SMA*

**Cost: £680/€800**

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Friday 3<sup>rd</sup> (4pm) - Thursday 9<sup>th</sup> June (9am)

### **Preached and Non-Directed Retreat**

**Cost: £565/€675**

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Saturday 18<sup>th</sup> June 9.30am – 4.30pm

### **Alone Together: Finding our way back to connection**

*Workshop with Fr. Hugh Lagan SMA*

We are hard-wired to connect. Long before the word social distancing became a household word, a silent epidemic of modern loneliness was sweeping our world. This workshop will explore the impact isolation is having on our health and happiness, why so many people feel so alone despite being hyperconnected to technology and social media and how to reclaim the power of human connection using practical solutions so as to rebuild for ourselves a more fulfilled, healthier and connected life.

**Cost: £40/€45**



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**JULY 2022**

**Girls & Boys Summer Camps**

**AUGUST 2022**

**Friday 19th (5pm) – Sunday 21<sup>st</sup> August (2pm)**

**The Long Goodbye: Practical Advice for Caregivers of  
People Living with Dementia**

*Workshop with Fr Hugh Lagan SMA*

Many people living with dementia or caring for them feel as though they are alone. This workshop seeks to provide practical information and support so as to build a bridge of connection and understanding. We will explore each stage of the 'journey with dementia' from a person-centred perspective and explain how best to offer support to ensure the best quality of life for the person living with dementia and the people around them.

**Cost: £220/€260**

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## SEPTEMBER 2022

Monday 5th (4pm) - Saturday 10<sup>th</sup> September (9am)

### Preached Retreat with Rev Ruth Patterson



#### **A Settled or a Pilgrim People?**

Sometimes on our journey of faith the temptation is to stop travelling and opt for settling down. Using Scripture, this retreat will highlight some of the challenges and joys that lie in store for those who are on the quest for something more.

**Cost: £460/€550**

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Saturday 24<sup>th</sup> September 9.30am – 4.30pm

### When It Is Darkest: Understanding Suicide

#### *Workshop with Fr Hugh Lagan SMA*

Suicide can affect any one of us and despite the scale of devastation for individuals, family and friends, it is still poorly understood. This workshop will untangle the complex reasons behind suicide and dispel unhelpful myths. It will also provide compassionate advice on how to best help someone vulnerable and support those struggling through the tragedy of suicide to find strength in the darkest of places.

**Cost: £40/€45**

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Friday 30<sup>th</sup> September (4pm) – Sunday 2<sup>nd</sup> October (2pm)

### Friends of SMA Retreat

Come and join in the weekend Retreat. It will be a time aside to reflect and pray with the SMA Community in a relaxed space. There will be short periods of silence during the weekend but it will also be an opportunity to meet up with friends that you may have met over the years in Dromantine.

**Cost: £180/€215**



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## OCTOBER 2022

Sunday, 9<sup>th</sup> Oct. 4. pm - Saturday, Oct 15<sup>th</sup> 9.am

### Synodal Challenges

**Preached Retreat: *Fr. Ashley Evans S.J***

Since the launch of the Synodal Process by Pope Francis last year, many Christians had been hoping for a movement of renewal and reform. However, it could appear that these hopes are being dashed. However, this time, it is not Vatican officials who appear to be blocking dialogue but our own Bishops, Priests and Lay people. In such a conflictual scenario, how do I notice God's presence and respond to God's invitation to participate in this movement of renewal? Whose voices should I listen to? How can I speak to my family members, congregation, or community about renewal? What graces and gifts from the Holy Spirit do I really need now? What message do I really want to communicate?

Fr. Ashley, recently returned from nearly thirty years on the Missions in Cambodia, will guide a series of reflections on these issues to help us pray more deeply about them and so find our way forward.

**Cost: £565/€675**

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Sunday 9<sup>th</sup> (4pm) - Saturday 15<sup>th</sup> October (9.00am)

### Directed Retreat

***Sr Moya Hegarty OSU & Fr. John Gallagher SMA***

**Cost: £565/€675**

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Friday 21<sup>st</sup> - Saturday 22<sup>nd</sup> October 5pm - 5pm

### Art and Prayer

***Sr Fionnuala Keaveny RJM***

Using art as a way of praying and hearing a new story for a contemporary world.  
A time to see Art in a new way that tells a story that speaks to the heart.

**Cost: £120/€145**





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## NOVEMBER 2022

Friday 4<sup>th</sup> (5pm) – Sunday 6<sup>th</sup> November (2pm)

### A Unique Betrayal: A call to listen, a call to action, a call to change

*Workshop with Fr Hugh Lagan SMA*



While it is accepted that child sexual abuse within the Catholic Church has a global reach, many people continue to engage the issue with passive resistance. This response further silences those most harmed. This workshop will help participants separate fact from fiction about abuse and learn how to best respond to victims, survivors and their families so as to empower their collective voices to be heard in building a safer faith community.

**Cost: £220/€260**



Friday 18th November (5pm) - Saturday 19th (5pm)



### Finding God in the Mess

*Workshop with Fr. Brendan McManus S J and Jim Deeds*

Jim and Brendan base this workshop retreat on their book, *Finding God in the Mess*, which tackles tough subjects such as depression, pain, and grief. The workshop is based on the Ignatian insight that God is with us in the mess of our lives, especially in the crucible of grief, and that with God's help there is a way through. In the workshop Brendan and Jim use a combination of stories, songs, poetry, meditation, and images, but the key dynamic is the small groups discussions.

**Cost: £120/€145**



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## DECEMBER 2022

Friday 2<sup>nd</sup> (4pm) - Sunday 4<sup>th</sup> December (2pm)

### Advent Retreat

*Sr. Anne Morris DHS*

#### **The other purple time in the Church's year:**

Through Scripture, images, and poetry, we take time to reflect on the God who came, who comes, and who will come again. We prepare for Christmas by dwelling on this mind-blowing event.

(A penitential service is included)

**Cost: £230/€275**

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Tuesday 13<sup>th</sup> (4pm) - Wednesday 14<sup>th</sup> December (5pm)

### Advent Retreat

An Advent reflection in preparation for Christmas given by SMA Community Dromantine and a celebration of the Sacraments (Eucharist, Reconciliation and Anointing of the sick)

**Cost: £120/€145**

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